

HANOVER PARK REGIONAL HIGH SCHOOLS

November 2025








Daily Dish

Veggie Dish



PASTA STATION

AVAILABLE DAILY

Monday 3	Barbecue Beef Ribs on a Bun with Coleslaw Or Build-Your-Own Chipotle Bowl	Lasagna Roll-Up with a Side Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	 Made-to-Order Dietz & Watson Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 4	Chicken Sampler with Tenders, Nuggets & Poppers served over Fries	Homemade French Bread Pizza	Pierogi with Butter & Onions Or Pasta Bar	
Wednesday 5	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Thursday 6	Teacher Convention No School	Teacher Convention No School	Teacher Convention No School	
Friday 7	Teacher Convention No School	Teacher Convention No School	Teacher Convention No School	

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 10	Burger Bar – 100% Beef Burger on a Bun with Choice of Toppings	Grilled Roasted Peppers with Melted Mozzarella Cheese	Cheese-Stuffed Shells Or Pasta Bar	 Made-to-Order Dietz & Watson Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 11	Balsamic-Glazed Chicken with Caramelized Onions on a Brioche Roll Or Build-Your-Own Chipotle Bowl	Grilled Veggie Bowl with a Garlic Sauce served over Lime Cilantro Rice	Cheese Ravioli Or Pasta Bar	
Wednesday 12	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Spaghetti with Chicken Parmesan & Garlic Bread Or Pasta Bar	
Thursday 13	Chicken Francese served over Linguine in a Lemon Sauce	Sauteed Portabella Mushrooms with Onions & Peppers topped with Melted Provolone Hero	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Friday 14	Mozzarella & Chicken Panini served with Apple Cobbler	Cheese Stuffed Roll-Up featuring 3 Cheeses & Roasted Peppers in a Wrap	Macaroni & Cheese with Garlic Bread Or Pasta Bar	

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Monday 17	Sausage & Pepper Hero	Italian Sampler – Pizza Crunchers, Mozzarella Sticks & Fried Green Beans	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	<i>Deli Central</i> Made-to-Order Dietz & Watson Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 18	Turkey w/ Gravy Mashed Local Potatoes, Local Cranberry Sauce & a Dinner Roll	Cheese Twister	Bow-Tie Pesto Pasta Bowl Or Pasta Bar	PIZZA ZONE Assorted Specialty Pizzas
Wednesday 19	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Baked Ziti with Garlic Bread Or Pasta Bar	AMERICAN GRILLE All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 20	Baked Meatball Calzone with Marinara Dipping Sauce	Baked Cheese Calzone with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	FRESH FARMISTAND Assorted Grab & Go Salads
Friday 21	Pulled Pork Sandwich with Coleslaw & Pickles	Grilled Vegetable Panini	Penne with Pink Sauce Or Pasta Bar	

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Monday 24	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Mozzarella Stick Sampler with Corn Fritters & Onion Rings served over Fries	Baked Ziti with Garlic Bread & Salad Or Pasta Bar	 Made-to-Order Dietz & Watson Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 25	Pepperoni Stromboli with Marinara Dipping Sauce OR Mexican Bar	Cheese Stromboli with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Wednesday 26	Early Dismissal No Lunch Service	Early Dismissal No Lunch Service	Early Dismissal No Lunch Service	
Thursday 27	HAPPY THANKSGIVING!	NO SCHOOL	NO SCHOOL	
Friday 28	NO SCHOOL	NO SCHOOL	NO SCHOOL	

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